

# somewhere inside of us

## 3GH

### *third generation holocaust descendants*

a documentary presented and produced by natalie krasnostein

In February 2006, ten Jewish grandchildren of Holocaust survivors gathered at the Melbourne Jewish Holocaust Museum to explore the personal meaning of being a descendant of Holocaust survivors. Six three-hour sessions were designed to facilitate exploration for third generation descendants using creative arts techniques such as psychodrama, art therapies, video journal entries, writing and self-reflection.

With the Holocaust as the entry point, how is identity negotiated in the lives of grandchildren of Holocaust survivors?

The following themes are reflected in the documentary.

- Intergenerational dynamics between the first, the second and the third generation.
- Responses to being Jewish in the wider world: Hypersensitivity. Is this persecution I feel real or imagined? Responses to anti-Semitism.
- The Holocaust legacy as a call to action.
- The challenges of negotiating a Jewish identity.
- The use of creative arts modalities for trauma transmission, and personal development

This 6-week workshop invited participants to engage their intellect, their hearts and their stories, and to find their own voice as third generation descendants of the Holocaust. The documentary demonstrates that effective Holocaust education for future generations requires individuals to confront the Holocaust in a deeply personal and authentic manner.

Participants were aged between 22 and 35 years old.

#### **The Theatrical Play**

Scheduled to be produced/performed in Melbourne, mid 2007, the play will engage with the themes that emerged from the workshop and present them in an original piece of theatre. Furthering the educational value of the workshops, the community production will engage the wider Jewish and non-Jewish communities.